

SUPPLY LIST

Designed for quilters with an interest in the Japanese sashiko designs and simple hand embroidery.

We will begin by stitching 6" square designs on fabric. I will provide a marked square to begin practice. You may bring six blank 8" squares of fabric to trace and stitch other patterns provided. Or, you may begin a larger design as seen on my web site. You will transfer the sashiko design to your quilt top, discuss and practice several basic sashiko stitches.

Supply fee \$5.00 provides.

Instructions

Seven 6" sashiko patterns

One 8" marked fabric (Kaufmann Essex, cotton/linen blend)

Two darning needles for sashiko

One skein sashiko thread

Experience level: All levels.

Half or one (1) day class

Bring the following:

1. Removable tape or drafting tape.
2. Small scissors
3. 18" ruler
4. Marker of your choice or white charcoal pencil for dark fabrics and pencil sharpener.
5. Ideas and pictures.
6. Material fee for large patterns (cash or checks please).
7. A light box, iron, pressing pad that might be shared in class would be helpful.

Resources: The Classic Quilting of Sashiko , Quilters Resource
Sashiko, Traditional Japanese Quilt Designs, Nihon Vogue Publishing Co.
Sashiko, Blue and White Quilt Art of Japan, K. Mende and Reiko Morishige
Threads Magazine, No. 18, Aug/Sept 1988, p. 22

You may also decide to bring your own project.

Kit is available for \$20.00. Finished size 16" x 20". Stitches printed on Essex navy fabric.
Thread and pattern included.