

"Heat-Set" Machine Appliqué Technique - Supply List

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Quilting will be discussed but no sewing machine is required in this 1 Day class. This class will require a kit provided by the teacher containing a pattern to learn the technique and the "Heat-Set" product used in the technique. Kit price: \$20.

Fabrics:

Choose your favorite pattern from choices given on:

<http://www.amazingquiltsbygrace.com/beginning-art-quil/>

As you can see, you will be making a simple flower or a simple bird. The whole idea is to learn the technique so a simple pattern is best to get through to completion.

Use the colors I used, or choose your own colors. The key is that you bring lots of fabric scraps in **many values**. From lightest light to darkest darks. Fabric scraps can be any sizes from small, palm size pieces to quarter yards.

You will not need background fabric for this 1-Day class. There will be no sewing, so do not bring your sewing machine.

Other Supplies:

- Board – 20"x30" Insulation Board (usually 1 1/4" thick). You can get it at Home Depot, Lowe's or any building supply store. If you can handle a 30"x40" that is even better but the smaller will work too.
- A piece of "**Insul-Bright**" **Needled Insulated Lining**, the size of your board, for board protection (optional)
- Brush – soft, 1/4" wide
- Freezer paper roll - 18" wide
- Iron
- Jar or small bottle, about 1-2 oz, plastic or glass. (Grace will have some with flip top that works very well for sale)
- Paper, lots of scrap paper. Can be newspaper, paper bags or any scrap paper you have. Or paper towels.
- Pens–Sharpie permanent markers **Fine** point, black; and ballpoint (non gel)

- Pencils – Any colored drawing pencils- any color, I prefer red
- Pins- "Extra Thin" Silk Pins 1" (Grace will have some for sale)
- Pressing Cloth- Teflon type- for appliqué, any size but the larger the better, or NON-STICK Reynolds Aluminum Foil (most supermarket carry it)
- Scissors – fabric, paper
- Tweezers – long handled (optional)

Vinyl- clear such as a painter's drop cloth or clear vinyl table covering, 2 Mil. approximately 30" x 40". Best is the 2 mil weight painter's drop cloth as it is thin enough to see through and work with. Can be bought at any